

My 2017 Stem Cell Resolution

2017 is upon us and it's time to make your New Year's resolutions. During the month of January, CIRM is challenging **you** to make a **Stem Cell Resolution** to help promote awareness about the importance of funding stem cell research and accelerating stem cell treatments to patients. Watch this video for more information and read below for detailed instructions.

How to Participate

Participating is easy. All you need to do is follow these four simple steps:

STEP 1



Think of a resolution you want to make related to stem cell research.

STEP 2



Download our #StemCellResolution graphic or take a selfie or video.

STEP 3



Post to Instagram, Facebook or Twitter with a written description of your resolution.

STEP 4



Share your #StemCellResolution with friends and challenge them to come up with their own!

DON'T FORGET!!

Include the hashtag #StemCellResolution in your post and tag CIRM's social media accounts:



@CIRM_stemcells



@CIRMnews



@CaliforniaInstituteForRegenerativeMedicine

THERE WILL BE PRIZES!

Yes that's right, at the end of the month, we will pick the most inspiring Stem Cell Resolutions and feature them on the CIRM Stem Cellar blog. We will also send the people who wrote the resolutions limited edition CIRM Stem Cell Champions T-shirts.

Stem Cell Resolution Graphics

Download our Stem Cell Resolution graphics and post them on your favorite social media platform (or all of them!) with your resolution and the hashtag #StemCellResolution.

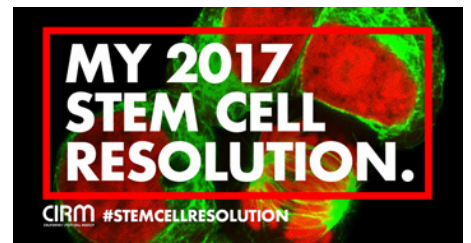
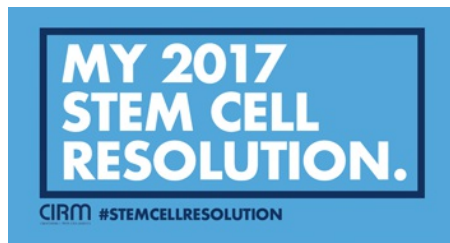
Instructions: **CLICK** on your desired image, You'll be taken to a separate page with the full resolution image. On that new page, control-click or right-click on the image using your mouse or keypad and then select "save as" to download to your desktop or "save image" to download to your phone. You can also control-click/right-click any image on this page and select "Download Linked File".

Instagram (Tag @CIRM_Stemcells) (click on each image to be taken to a separate download page)





Facebook (Tag @CalifornialnstituteForRegenerativeMedicine) (click on each image to be taken to a separate download page)



Twitter (Tag @CIRMnews) (click on each image to be taken to a separate download page)

